

SAHELI
2021-2022

Saheli
turned a
dazzling
25!!!



2021 *celebrates Saheli's 25*
years of serving South Asian
women and their families.
As Saheli turned 25, we *got*
a new logo commemorating
Saheli's 25 years!!!

SAHELI
2021-2022

Saheli
turned a
dazzling
25!!!



SAHELI 2021-2022

ORGANIZED
REPORTS
ACCESSIBLE TO
EDs and BOARD
MEMBERS

Specific folders for
monthly reports on
our shared drive:

- ED
- Financial
- Grant
- Housing
- President's reports

SAHELI 2021-2022

COMPILED DATA
IN SPECIFIC
FOLDERS -
ACCESSIBLE TO
EDs and BOARD
MEMBERS

Labeled folders for
important documents
on our shared drive:

- Annual Meetings
- Employee & Board Docs
- FOS_Saheli
- Saheli Board Members' List
- Saheli Election 2021

SAHELI 2021-2022

MONTHLY
MEETING DATA
ACCESSIBLE TO
EDs and BOARD
MEMBERS

Specific folders for
monthly board
meeting agendas,
meeting minutes
and action items
on our shared
drive:

- Saheli Meeting Agendas
- Saheli Monthly Board Meeting Minutes

SAHELI 2021-2022

MONTHLY
MEETING
REMINDERS &
MEETING
MINUTES

3-Fold meeting reminders are sent to the board members & EDs – via email, google calendar invites and WhatsApp messaging

- Saheli Meeting Agendas
- Saheli Monthly Board Meeting Minutes

SAHELI **2021-2022**

Our
commitment
to stay
committed!

*On shared
G-Drive*

**Attendance
Log for
Monthly
Meetings**

SAHELI 2021-2022

YOUTH ENGAGEMENT INITIATIVE

FUTURE TORCH BEARERS!

- ❑ *Saheli's Youth Engagement Program (SYEP)* is a space for South Asian youth to come together and engage with each other on issues that connect them
- ❑ The SYEP includes the *Youth Leadership Fellowship* for high school students, and the Saheli University Ambassadorship and Internship programs for college students

SAHELI
2021-2022

NEWS
FLASH!!!

Duns # update:
Revived and
Activated!!!
HURRAH!!!

SAHELI
2021-2022

2021-2022
STATE
FILING



2021 & 2022 STATE FILING
OF THE NEW EXECUTIVE
BOARD, FORM PC & THE
ANNUAL REPORT, DONE
ON TIME



HURRAH!!!

SAHELI 2021-2022

Domestic
Violence
Awareness
Month (DVAM)
– **WEAR
PURPLE/TAKE A
STAND**

Saheli's domestic
violence awareness
month (DVAM) –
multiple meaningful
events planned out

Proceeds to provide groceries,
winter clothing, transportation for
survivors of domestic violence

Oct. 16th – 22nd: Walk
at your pace, in
your space

Tree lighting and
decorating
ceremony, Purple
Thursday at the
Burlington library

Boston City Hall lit
up one night in
purple!!!

We raised \$10,000
from the Saheli 5K
Walk "Walk in her
shoes" on Oct. 23rd

SAHELI 2021-2022

ENHANCED,
MORE
INTERACTIVE
WEBSITE

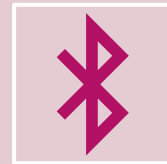
Our website is now more interactive, intuitive and inspiring! Check us out at: <https://saheliboston.org/>

- ❑ Our website's landing page is more inclusive and welcoming now, showing more diverse groups (South Asian, Middle Eastern, African women, etc.) Saheli works with and serves
- ❑ Check out our blog on our website!
- ❑ The website now translates some crucial content in different languages making it more user friendly

SAHELI 2021-2022

CODE OF
CONDUCT &
CONFIDENTIALITY

ENHANCED
EMPLOYEE
HANDBOOK



We implemented and reinforced Code of 'Conduct & Confidentiality'



We now have an enhanced/updated employee handbook

SAHELI 2021-2022



- ▶ 2 of our Sahelis, Aditi & Renu got nominated for the INE “Woman of the Year 2021”BRAVO!!!
- ▶ Our Saheli Ex-VP Meenakshi got nominated for INE “Woman of the Year 2022”BRAVO!!!

SAHELI 2022

Accomplishments 2022

- ❖ *Recognized by the Red Sox at Fenway Stadium for AAPI Heritage Month in 2021*
- ❖ *Domestic Violence Awareness Month 5K Walk in October 2021*
- ❖ *Sexual Assault Awareness Month (SAAM) Denim Day in 2022*
- ❖ *Zumbathon for SAAM in 2022*

SAHELI 2022

Accomplishments 2022

- ❖ Youth Mental Health Conference in 2021 (virtual) and in-person in 2022
- ❖ Family picnic for survivors and their children
- ❖ Back to School Drive on August 11th – Board members contributed to buy school supplies for survivors' children
- ❖ Children's event with WEE in August 2022

SAHELI 2021-2022

Saheli 401K

**Saheli 401k program to
be rolled out in Oct./Nov
2022!**

**** 2-year vesting period
and 3% employer
contribution after 6
months of employment**

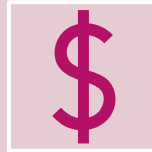
SAHELI 2021-2022

Building
our social
media
presence

- ✓ We paced our efficiency in posting/building our LinkedIn, Twitter, Facebook pages & pacing our Instagram Page

SAHELI 2022

Achieving
remarkable
grants!



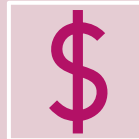
We got **9 solid grants** this year,
amounting to a total of **\$776,832**



2 more grants worth \$310,000
submitted - awaiting results

SAHELI 2021-2022

Achieving
remarkable
grants!



We got **9 *solid grants*** in 2021, amounting to a total of **\$776,832**



2 *more grants* worth \$310,000 submitted - awaiting results

SAHELI 2021-2022

Friends of
Saheli (FOS)
– a unique
initiative

Increase	Increase visibility of Saheli
Help more women	Increase number of women we help
Funding	Increase ability to get funding from foundations, state, federal agencies <ul style="list-style-type: none">• Housing – short and long term• Legal• Food• Counseling
Figure out	Figure out ways to help these organizations
Become	Become a source of information
Get	Get endorsement from these organizations

SAHELI **2021-2022**

Teamwork is
Dreamwork

STRENGTHENING
THE STAFF

*Added Staff Attorney, Noor
Kazmi*



*Added Staff Mental Health
Counselor -Nidhi Jain*



*Housing Advocates (Arabic
and South Asian)*

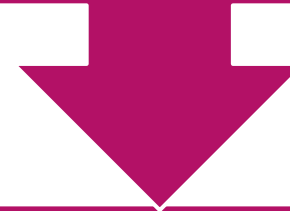
SAHELI **2021-2022**

Teamwork is
Dreamwork

STRENGTHENING
THE STAFF

****Added Staff Attorney, Noor
Kazmi**

****Added Staff Mental Health
Counselor -Nidhi Jain**



**We welcomed 5 new staff
members & 3 volunteers in
2021**

SAHELI 2021-2022

STRENGTHENING
THE SAHELI
BOARD

TEAMWORK IS DREAMWORK!



We welcomed 5 new board members: *Sumathi, Ruchika, Nirmala, Kavitha and Sonal*

SAHELI 2021-2022

'STRONGER
THAN EVER'
ADVISORY
BOARD

Defined the
responsibilities of the
Advisory Committee



TEAMWORK IS
DREAMWORK!

We set up a
**strong
advisory board**
under the able
leadership of
Dr. Manju
Sheth and
Romila Thakkar



SAHELI 2021-2022

NEW HOME!!!



Saheli now has a spacious, new office space in Burlington!



***** Biggest Benefit: Privacy**



Organized Office Space



Increased Productivity



Higher level of client confidentiality thus reducing stress levels

SAHELI
2021-2022

Memories
Denim Day 2022



I Wear Denim for Survivors!

Denim Day 2022



SAHELI 2021-2022

Memories
Survivors' Family
Day 2022



SAHELI 2021-2022

Memories
India Day
participation
Aug. 2022



SAHELI 2021-2022

Memories
India Day
participation
Aug. 2022



SAHELI 2021-2022

Memories
AAPI Meet, May 2022



SAHELI
2021-2022

Memories
YMHC July 2022



YOUTH MENTAL HEALTH CONFERENCE

JULY 27, 2022 FROM 10AM TO 2PM EST
WOBURN PUBLIC LIBRARY



Mental Health
Professionals Panelist
Shubh Agrawal
K-12 School Counselor



Keynote Speaker
Christine Conceison
MSW/LCSW
Director of Mental Health for
Burlington Public Schools



Mental Health
Professionals Panelist
Dr. Kalyani Krishnan
Therapeutic Tutor and School
Psychologist



Mental Health
Professionals Panelist
Dr. Ami Popat-Jain
Licensed Counseling
Psychologist



Community Speaker
Michelle Snyder
Regional Manager, Community
Benefits/Community Relations
Beth Israel Lahey Health



Mental Health
Professionals Panelist
Nidhi Jain
Licensed Clinical Social
Worker (LCSW)

Register for this free conference at: <https://bit.ly/3RLj1FB>

Breakfast and Lunch will be provided

MADE POSSIBLE BY A GRANT FROM



SAHELI 2021-2022

Memories
Domestic Violence
Awareness Month
Oct. 2021



DVAM 2021

October is Domestic Violence Awareness Month. Saheli organized a series of events in October to raise awareness about domestic violence that culminated with a community wide 5K walk.



Saheli 5K Walk



Saheli 'Purple Thursday'
Awareness Event at the Burlington



Saheli Tree Lighting Event

SAHELI 2021-2022

Memories
Saheli Recognition &
Events
2021

Saheli Recognition and Events 2021



SAHELI 2021-2022

THREE CHEERS
TO THE SAHELI
BOARD – HIP HIP
HURRAH!

TEAMWORK IS DREAMWORK!



The SAHELI BOARD:

*Neelam, Meenakshi, Tanu,
Ruchika, Usha, Nirmala, Aditi,
Shweta, Kavitha, Sumathi*

SAHELI 2021-2022

THREE CHEERS
TO THE EDs – HIP
HIP HURRAH!

TEAMWORK IS DREAMWORK!



The SAHELI EDs:
Divya Chaturvedi
Renu Tewari

SAHELI
2021-2022

**THANK YOU,
ANGELS!**

Angels Exist!



**We got a big donation of
25,000 from a gentleman
we don't know...**

SAHELI
2021-2022

NIRBHAYA
2022

SAVE THE DATE!

Nirbhaya 2022
Sunday, Dec. 4
4 – 8 pm

SAHELI 2021

TEAM

TOGETHER EVERYONE ACHIEVES MORE

SAHELI
2021-2022

**Sahelis
forever!**

